

TEAM SIZE/FIELDS DIMENSIONS Updated 7-18-16

Under-7

Game Format Summary Chart

Age Group	Field Players	Roster Size	Game Duration	Ball Size
U-7	4 max. no GK	4 min. - 8 max.	TBD by club	3

Field Dimension Chart

Age Group	Recommended * Field Size	Recommended Goal Size	Min/Max Goal Size	Center Circle	Goal Area	Penalty Area	Corner Arcs	Penalty Mark
U-7	30 yd x 40 yd.	4 ft. x 6 ft.	Cones 4 ft. x 6 ft.	3 yd.	None	None	1 yd.	None

Use the half line as the build out line.

Under-8

Game Format Summary Chart

Age Group	Field Players	Roster Size	Game Duration	Ball Size
U-8	4 max. (NO GOALKEEPERS)	4 min - 8 max.	Three 15 min periods	3

Field Dimension Chart

Age Group	Recommended * Field Size	Min / Max Field Size	Recommended Goal Size	Center Circle	Goal Area	Penalty Area	Corner Arcs	Penalty Mark
U-8	30 yd x 40 yd.	Min 20 x 30 yd Max 30 x 40 yd	4 ft. x 6 ft.	3 yd.	2 yd. to 4 yd.	6 yd. to 8 yd.	1 yd.	None

Use the half line as the build out line.

Under-9 & Under-10

Game Format Summary Chart

Age Group	Field Players	Roster Size	Game Duration	Ball Size
U-9/U-10	7 max. including GK	7 min - 12 max	Two 25-minute halves	4

Field Dimension Chart

Age Group	Recommended Field Size	Min / Max Field Size	Recommended Goal Size	Center Circle	Goal Area	Penalty Area	Corner Arcs	Penalty Mark
U-9 U-10	50 x 70 yd.	Min 40 x 60 yd Max 50 x 70 yd	6 ft. x 12 ft.	5 yd.	4 yd. to 6 yd.	8 yd. to 10 yd	1 yd.	7 yd.

Build out line will be 14 yards from the goal line and visible from touch line to touch line.

Under-11 & Under-12

Game Format Summary Chart

Age Group	Field Players	Roster Size	Game Duration	Ball Size
U-11 & U-12	9 max. including GK	9 min - 14 max.	Two 30-minute halves	4

Field Dimension Chart

Age Group	Recommended Field Size	Min / Max Field Size	Recommended Goal Size	Center Circle	Goal Area	Penalty Area	Corner Arcs	Penalty Mark
U-11 U-12	55 yd. x 80 yd.	Min 40 x 70 yd Max 55 x 80 yd	6 ft. x 18 ft.	7 yd.	6 yd.	18 yd.	1 yd.	8 yd.

Under-13 through Under-19

Game Format Summary Chart

Age Group	Field Players	Roster Size	Game Duration	Ball Size
U-13 & U-14	11 max. including GK	11 min - 18 max.	Two 35-minute periods	5
U-15 & U-16	11 max. including GK	11 min - 22 max.	Two 40-minute periods	5
U-17 thru U-19	11 max. including GK	11 min - 22 max.	Two 45-minute periods	5

Field Dimension Chart

Age Group	Recommended Field Size	Min / Max Field Size	Recommended Goal Size	Center Circle	Goal Area	Penalty Area	Corner Arcs	Penalty Mark
U-13 thru U-19	75 yd. x 115yd.	Min 50 x 100 yd Max 75 x 115 yd	8 ft. x 24 ft.	10 yd.	6 yd.	18 yd.	1 yd.	Laws of the Game